Outdoor learning and adventure for groups
MOST CAME OUT OF THE EXPERIENCE WITH IMPROVED SELF-ESTEEM AND CONFIDENCE. THEY HAD ALSO LEARNED TO WORK BETTER AS A TEAM, DEVELOPING PERSEVERANCE AND TRUST IN EACH OTHER.
Welcome

We are here to give groups the most rewarding and challenging experiences in outdoor activity and adventure. From flying down a giant zipwire to lighting fires with natural materials, every Kingswood experience nurtures skills that last a lifetime.

Over 160,000 visitors each year experience outdoor learning at Kingswood, and for every group we provide flexible programmes with specialist support from your first enquiry through to when you return.

Each of our ten centres have been carefully selected to provide a safe environment in which we offer a wide range of adventurous activities and learning opportunities, both indoors and outdoors. This year we have added a host of new activities, upgraded our facilities and unveiled a fantastic new accommodation option – our Adventure Lodges. Look inside to find out more.

Your adventure starts here.

Louise Allen
Head of Business Development or Groups

Inspired? Call us today on 0800 288 9990
Why Kingswood

We love what we do, and have been providing adventurous experiences full of challenge for over 30 years. Our visitors gain valuable skills through taking on activities in a safe and fun environment. It’s a chance to grow as a person, create wonderful memories and even find a new hobby or two!

Our locations

We have 10 centres across the UK and France, each unique in its own way, providing excellent opportunities to get active in the great outdoors.

Our people

The success of our centres is thanks to our highly skilled team of activity leaders who support and encourage every individual. We also work with the NSPCC in implementing best practice procedures for child care and protection.

Our value for money

We create affordable quality programmes for day trips, weekends and week long trips, and are open all year round – some of our best value programmes are enjoyed in winter months.

Our safety record

Safety is our top priority and all activities are led by fully-qualified instructors, trained to gently encourage whilst adhering to our clear policy of ‘challenge by choice’. Our centres are regularly audited and we work closely with outside experts in the fields of activity provision, facility maintenance and health and safety management to ensure we remain at the forefront of best practice. Find out more at kingswood.co.uk/why-kingswood
“We have such a diverse range of opportunities designed to engage with young people in so many different ways, it makes me very proud to be part of it.”

Matt Healey - Head of Learning and Adventure
“It’s really fun and the instructors encourage you but don’t force you into anything. I used to be afraid of heights before I came here, but today on the climbing wall I conquered my fear!”
Ruth, Colomendy
We are always striving to improve your Kingswood experience. Building on the developments of the last year, we have continued to invest across all our centres:

- Working closely with the **British Orienteering Federation**, we now offer a new enhanced orienteering session upgrade, where you can take part in the National Navigation Award Scheme

- New **Paddle Power Awards** programme option alongside the British Canoe Union, which you can upgrade your watersports programme to include. Plus, brand new stand up paddle boarding activity at the Isle of Wight!

- Refreshed **caving** sessions which explore surveying and mapping technology

- Refreshed ‘**get active**’ activity category where your young people can explore the effects and benefits of physical exercise by utilising our pulse reader and resource pack

- New ‘**off-site explorer**’ sessions allow your group to explore their surroundings using GPS and electronic data software

- New **laser blasters** on some of our centres and a brand new exciting outdoor laser experience

- **Construct** - a new exciting activity where participants design, build and explore their very own low ropes course!

- New bright and vibrant bedding to make your stay even more comfortable

- New programmes including Realise Your Potential, Match Day Experiences and Residential Football Training Camps

- Plus...our brand new **Adventure Lodge** accommodation

**New for this year**

Inspired? Call us today on 0800 288 9990
Who we work with

Whether you’re part of a uniformed group, sports club, youth organisation, faith group or currently working towards a Duke of Edinburgh’s Award, we will tailor a programme to suit your requirements.

Uniformed groups
Many uniformed groups join us year after year. If your group encompasses a large age range, we can split young people into smaller teams and offer a tailored programme for all. **Have a badge your group is working towards?** **Our programming team can help.**

Youth groups
On a Kingswood adventure, young people learn new things about themselves but also forge stronger bonds as a group - working together as a team to conquer challenges, learning how to recognise their strengths and picking up new skills without even realising.

Special interest groups
From orchestras to drama groups, in between practice and performances, we have plenty of activities to keep young people energised.

The Duke of Edinburgh’s Award
We are excited to be working with The Duke of Edinburgh’s Award. Whether it is helping to develop a positive attitude or choosing skills for a young person’s DofE programme, Kingswood provides an ideal environment with over 60 activities to choose from (see page 35). In partnership with DofE, we offer groups and individuals participating 10% off at Kingswood. Visit [dofeshopping.org](http://dofeshopping.org) for more.

Sports groups
Our centres are perfectly suited to sports groups, be that a dad and lads weekend to a professional competition held at one of our centres or at a local partner’s venue. We are specialists in organising inter group tournaments, and our centres are home to many over the course of a year, from netball and rugby to football, martial arts and many more.

Adult groups
At several Kingswood centres we offer facilities and programmes geared towards adult groups, from team building days to corporate away days and training. Whether your learning objectives are personal development, interpersonal team building, increased participation, or if you’re looking for a residential experience which if focused on pure fun, we have a programme to suit you. The benefits of a Kingswood experience can be immediate within your team and the impact can be recognised for years to come.
We are proud to be working in partnership with:

email groups@inspiring-learning.com or visit kingswood.co.uk
National Citizen Service (NCS) is a once-in-a-lifetime government-backed programme aimed at developing skills and confidence in young people aged 15 to 17, giving them opportunities to get ahead in work and life.

Since its launch in 2011, Kingswood have provided a unique residential experience, following the NCS ethos, to over 50,000 young people. We are proud to work with a large number of organisations across England to deliver a focused citizenship programme – developed over time to be the best in the industry. We are also delighted to have employed a number of graduates across our business who participated in an NCS programme, and we aim to offer increased opportunities across the next three years.

There are six key principles of NCS, which we deliver:

1. Social mixing
2. Challenge
3. Increased responsibility and independence
4. Reflection
5. Social action
6. Inspiration

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Statistics provided by the NCS Trust, show that out of the total number of participants in an NCS programme:

- 75% felt more confident about getting a job in the future.
- 92% thought the programme gave them a chance to develop skills that would help them in the future.
- 84% say it gave them a chance to get to know people they wouldn't normally mix with.
At Kingswood we challenge young people and give them a sense of achievement, whether it’s overcoming heights on the abseiling wall or mastering the go-kart track. Everyone has the chance to learn more about themselves and develop life skills such as leadership and communication.

Alongside a full and varied programme tailored to your group’s aims and objectives, including evening activities and expert instruction from our enthusiastic, highly-trained staff – so group leaders can sit back and relax or join in the fun – your Kingswood experience also includes:

- Full-board accommodation with tasty, healthy food cooked on the premises
- One free group leader place for every ten young people
- En-suite single rooms for adults at most centres
- A comprehensive information pack, plus, a dedicated team available to answer any questions
- Downloadable risk assessments for all our activities and centres
Our locations
With nine inspiring centres across the UK, plus a Château in France, we are confident that you will find a destination to suit you and your group. Some of our locations have a friendly campus feel, with spacious buildings sprawling a large area, while others are smaller with all facilities close by, ideal for younger groups. From Areas of Outstanding Natural Beauty, to nearby Sites of Special Scientific Interest, an array of adventurous environments are available at Kingswood.
Designed to enhance the experience of the outdoors and transform your stay at Kingswood into the ultimate modern residential adventure, our brand new Adventure Lodges are a great accommodation alternative for groups who want to enjoy an authentic camping experience under the stars, without the need to pitch your own tent.

Available at:
- Isle of Wight
- Colomendy
- Dearne Valley
- Grosvenor Hall

Coming soon for spring 2016

Inspired? Call us today on 0800 288 9990
Located in an Area of Outstanding Natural Beauty in North Wales, Colomendy is the perfect environment for young people to explore the great outdoors.

Centre highlights
- Breath-taking adventure park nestled in woodlands with an aerial walkway, giant zipwire, climbing and ropes courses
- On-site watersports including canoeing, kayaking and raft-building
- Exceptionally realistic caving system built into a natural rock seam
- Spacious sports hall for team games
- Local nature trails and historic Moel Famau walks
- The perfect centre for any age group, with Loggerheads Country Park opposite the centre gates, providing spectacular environmental and historical walks
- A Site of Special Scientific Interest, situated amongst wood and water landscapes

Accommodation
Sleeps 400 - In 4 to 16 bed rooms. Brand new Adventure Lodges, sleep 100 – in 8 and 16 bed tents.

New for this year
Refurbished cabin accommodation, plus brand new Adventure Lodges and programmes including Realise Your Potential.

“Fantastic - the staff, atmosphere, centre and the food. All staff were fantastic, happy, encouraging, motivating and understanding.” - NCS By Design
Dearne Valley
Denaby, Conisbrough, South Yorkshire, DN12 4EA

A unique blend of nature, adventurous activities, contemporary purpose built accommodation and high quality learning facilities.

Centre highlights

- State of the art activity park with challenging outdoor apparatus including high and low ropes, zipwire, climbing and archery
- Unique facilities including a natural water treatment plant, outdoor amphitheatre, watersports lake and an indoor laser area
- Giant indoor sports hall for climbing, fencing, sport and team building activities
- Spread across 50 acres, this centre has opportunities for interactive learning across grassland, woodland and wetland
- Indoor learning zone benefiting from nine well-equipped rooms, including our spectacular outdoor room located over a pond

Accommodation

Sleeps **419** – In **4 to 8** bed rooms. All en-suite. Accessible accommodation is available.
Brand new Adventure Lodges, sleep **96** – in **8** and **16** bed tents.

New for this year

Brand new multi-functional social hub and new bushcraft zones, plus brand new Realise Your Potential programme.

― "Dearne Valley provided us with everything we could ask for. A great training space, comfortable and clean accommodation and the odd chuckle of our fully grown adults rolling around in the mud enjoying activities!" - Shadow Warrior Martial Arts

email groups@inspiring-learning.com or visit kingswood.co.uk
Set on a stunning fell side, just minutes away from the leafy suburbs of Hexham, this picturesque centre offers a ‘home away from home’ environment.

Centre highlights

- 18 acre adventure park equipped with a host of exciting and challenging activities, including high ropes, zipwire, 3G swing and leap of faith
- Activity barn provides a perfect environment for indoor climbing and problem solving initiatives
- Rural location and private woodland provide an ideal location for nature walks, orienteering and bushcraft
- High adrenaline activities including quad biking and abseiling
- Indoor and outdoor laser zone

Accommodation

Sleeps 310 – In 4 to 10 bed rooms. All en-suite.

New for this year

New problem solving activity, where young people can design and build a pontoon bridge! Plus new programmes including Realise Your Potential, Match Weekend Experiences with Newcastle United and Sunderland A.F.C, and Residential Football Training Camps with Newcastle United.

“Very difficult to find faults. Excellent. Dukeshouse Wood is fun, challenging and educational for all ages.” - Pelton Fell Community
This cosmopolitan centre has some of the best activity facilities in Europe. Within easy reach of London, Grosvenor Hall offers a unique learning experience in an outstanding environment.

Centre highlights

- 50 acres of space, including an impressive 25,000 square foot sports hall
- Extensive ropes park with a multitude of apparatus including a triple zipwire, 3G swing, double fan descender and the amazing Skyclimb ropes course
- Indoor swimming pool complex for all weather activities and sports, plus a Blu-ray cinema
- Spacious and well-equipped learning zone offering the opportunity to participate in our fantastic interactive activities
- Separate kitchen allowing for specific faiths’ catering needs to be met

Accommodation

Sleeps 630 – In 2 to 8 bed rooms. Accessible accommodation is available. Brand new Adventure Lodges, sleep 100 – in 8 and 16 bed tents.

New for this year


“Wow, awesome, fantastic, epic, great, and when can we come again? Thank you to all who contributed to a fabulous weekend.” - Cubs and Beavers
Located on the enchanting Isle of Wight, with stunning views over Whitecliff Bay and direct beach access.

Centre highlights
- 100 acre cliff top centre located in a Site of Special Scientific Interest
- A specialist team of watersports experts conducting an array of sea-based pursuits, from raft building to body boarding and kayaking
- Wealth of outdoor activities including a challenging ropes park, 3G swing, archery and quad biking
- Bushcraft and orienteering to help young people get back to nature amongst open fields and natural woodland
- Indoor activities from caving and climbing to fencing, plus an indoor swimming pool

Accommodation
Sleeps 450 – In 4 to 12 bed rooms. Brand new Adventure Lodges, sleep 100 – in 8 and 16 bed tents.

New for this year
Refurbished accommodation, cinema room and social hubs. New surfing and stand up paddle boarding activities. Plus, brand new Adventure Lodge accommodation and motorsports buggies.

“We have nothing but praise for the programme and overall experience at Kingswood Isle of Wight. We have already started planning our summer 2016 watersports visit.”
- Lyndon Methodist Church Brigade
A spectacular Lutyens Manor House, steeped in history and situated in a vibrant seaside town on the North Norfolk coast, Overstrand Hall provides a unique study environment.

Centre highlights
- Situated next to a stretch of coastline designated an Area of Outstanding Natural Beauty
- A range of activities from high ropes to caving and plenty of teamwork challenges
- Opportunities to experience the great outdoors through Bushcraft and environmental art sessions
- Accommodation in an impressive Manor House, designed by the imaginative British architect, Lutyens
- Environmental Field Study centre for geography, biology and environmental science, with dedicated specialist tutors

Accommodation
Sleeps 250 – In 4 to 16 bed rooms.

New for this year
Brand new problem solving activities, making the most of the stunning woodland surroundings. Also new for 2016 is our brand new Realise Your Potential programme.

“We had a fantastic time at Overstrand Hall, I score Kingswood 10 out of 10 in all aspects of our visit from activities, organisation and fun.” - The CYDS Project
With the beautiful Peak District on its doorstep, this friendly and inclusive centre offers a wide range of programmes allowing groups to experience the great outdoors within a secure environment.

**Centre highlights**

- Smaller centre, providing the ideal welcoming setting for young people to experience the wonders of the countryside
- Specifically designed Bushcraft sessions and nature walks
- Exhilarating adventure park with apparatus including a zipwire, 3G swing and leap of faith
- Located adjacent to our watersports area, situated on the Scout Dike Reservoir, offering exciting activities including canoeing and raft building
- Flexible indoor space for all weather activities including fencing and indoor initiatives

**Accommodation**

Sleeps **200** – In **4 to 8** bed rooms.

**New for this year**

Refurbished accommodation, fantastic new indoor bouldering and caving system and new bushcraft zones.

"Thank you to all the staff at Peak Venture. You made our week so enjoyable, safe and fun. The staff are absolutely brilliant at their jobs and get the young people fully engaged in all activities. Looking forward to coming back to you in the future." - Youth Mentor Wigan
An exciting venue for outdoor adventure and learning in a picturesque and easily accessible location, Staffordshire provides a welcoming and friendly environment.

Centre highlights

- Our original Kingswood centre, housing flexible, multi-purpose indoor spaces
- Particularly suited for younger people where all activities are close to the main buildings and guests instantly feel at home
- Wide range of adventure activities available, from team building challenges and indoor initiatives, to outdoor apparatus including zipwire and abseiling
- Whilst overlooking the beautiful and peaceful Clee Hills, the centre is easily accessible from the motorway
- Flexible outdoor space ideal for outdoor group activities

Accommodation

Sleeps 250 – In 8 to 14 bed rooms.

New for this year

Brand new guest social hub with a cinema projector, plus new bushcraft zones and motorsports buggies.

“Fantastic venue with a great range of activities, friendly staff, cost friendly and comfortable accommodation.” - The Scout Association

Staffordshire
Barn Lane, Nr Albrighton, Wolverhampton, WV7 3AW

Inspired? Call us today on 0800 288 9990
Sweeping cliff top views, beautiful sandy beaches and pine-fringed grounds surround the centre, located in an Area of Outstanding Natural Beauty in a region boasting wildlife sanctuaries and famous fossils.

Centre highlights
- Perfectly positioned within an Area of Outstanding Natural Beauty and on a stretch of coastline designated a Site of Special Scientific Interest
- Situated in 30 acres of grounds and packed with recreational facilities
- Large indoor swimming pool, perfect for building confidence on the water, and enjoying evening pool parties
- Equipped with an all-weather activity centre, indoor and outdoor climbing, archery ranges, underground caving and even a cinema
- A diverse range of natural outdoor environments, plus, dedicated environmental learning rooms

Accommodation
Sleeps 390 – In 6 to 16 bed rooms.

New for this year
Refurbished accommodation blocks and dining hall, plus new bushcraft zones and motorsports buggies.

“An extremely helpful team who made us feel very welcome. The site was ideal for our group and the activities were pitched at the appropriate level for our participants. We were kept well informed of future activities and this was a great benefit to us.” - Norwich City Football Club
This beautiful 17th century Normandy Château is set in the idyllic seaside town of Criel-sur-Mer, providing the ideal opportunity for young people to immerse themselves in French culture.

Centre highlights

- Just 90 minutes from Calais and 20 minutes from Dieppe, the Château is surprisingly accessible
- Four acres of grounds and a multi-purpose sport complex provide the perfect location for team games and adventure activities
- Opportunities to tour WWI battlefields, Rouen, Dieppe, Paris, local produce makers and more
- Choice of half or full day, or overnight, excursions to neighbouring cities, historical sites and cultural attractions
- Young people can fully experience the French language and enjoy all that the local way of life has to offer

Accommodation

Sleeps 200 – In 2 to 12 bed rooms.

New for this year

Our battlefields programme now includes the opportunity to visit Mon Thuon Hospital Cemetery. Another new excursion option is Le Biscuiterie D’Hardelot, a local biscuit factory.

“Excellent in terms of leadership and social development and interaction. Cadets have had a really good time.” - Marine Society and Sea Cadets

Château de Chantereine
Criel-sur-Mer, Upper Normandy

email groups@inspiring-learning.com or visit kingswood.co.uk
Our programmes
Designing your programme

Designing your personalised programme is easy. Many groups chose a Kingswood adventure predominantly to use our facilities and activity spaces as training areas or practice spaces. You are welcome to bring your own trainers and coaches. We work with you to build the perfect programme to meet your objectives.

How it works

1. Choose your centre
2. Select your dates and length of stay
3. With the help of our team, select your special interest programme, learning outcomes and activity preferences.

Call us today on **0800 288 9990** to talk about your requirements and to start planning your visit
Special interest programmes

When you choose a special interest programme, it will act as a theme for your visit, and will be made up of a selection of your learning outcomes and activity preferences.

Personal Development

We have a programme for all ages from our Young Explorer programme, giving five to seven year-olds a taste of independence, to our Life Skills programme focused on nurturing social skills, and a positive mindset.

Find out more on page 31

Discovering Nature

From Explore Rivers to our popular Bear Grylls Survival Academy, these programmes are focused on exploring and preserving the natural world and making use of what we can find in our environments for survival.

Find out more on page 31

Skills

These programmes use a range of high-adrenaline activities which build life skills such as team building, communication and social interaction. New programmes and activities include Realise Your Potential and paddle boarding in the Isle of White.

Find out more on page 32

Adventure Choice

With action, energy and challenges at every turn from adrenaline packed high ropes to building water confidence in our canoeing session. Our exhilarating programme teaches leadership skills and promotes the benefits of physical exercise.

Find out more on page 33
We are absolutely committed to helping young people and adult groups get the most out of their residential programmes. With every Kingswood experience you can choose up to three of our suggested learning outcomes, which enable us to tailor our activity sessions to maximise their impact for your group.

Our 10 learning outcomes are:

- Team work
- Communication
- Problem solving
- Resilience
- Leading and supporting
- Challenge and risk
- Self-confidence
- Motivation
- Environmental awareness
- Learning a skill

email groups@inspiring-learning.com or visit kingswood.co.uk
Activity categories

We have grouped our activities into categories, of which you can select up to three. Your selected categories will not restrict your programme, but they inform us of your activity preferences, which we will aim to programme for you alongside a varied selection of other sessions. Through these activities we will help you achieve the learning outcomes you may have highlighted as your objectives.

We also have a range of specific evening activities which can be incorporated into your programme (see page 37).
Personal Development Programmes

Young Explorers (ages 5 to 7)
Discover exciting water and woodland activities, plus, stargazing around a campfire.

Life Skills
Develop people through a range of challenges and activities that encourage self-growth.

Transition
With the start of new phases in life, our programme focuses on team building and new friendships.

Realise Your Potential (ages 13 to 18) NEW!
A five day activity and adventure residential, focused on improving resilience and performance. Realise Your Potential includes personality assessments and coaching reports.

Discovering Nature NEW!

Bushcraft
Discover how to use the environment to survive in the wilderness, and get creative with jewellery making and shelter building.

Bear Grylls Survival Academy (ages 8 to 15)
Your group will learn self-rescue skills and extreme survival techniques.

Inspired? Call us today on 0800 288 9990
Watersports
A huge range of exciting watersports including raft building, kayaking and surfing are available at Colomendy, Isle of White, Peak Venture and Dearne Valley.*

Arts and Culture
Choose from a variety of sessions including dance, art and drama, as well as, drum beat and environmental art for our younger guests.

Computing
From animation to music creation, computing projects can be designed to suit your groups objectives.

Sport  NEW!
Our centres offer a perfect base for any team or club thinking of embarking on a pre-season tour combining a unique blend of team building, high-adrenaline activities, as well as, fantastic open spaces to play matches and train. Teams also use our centres for end of season celebratory or farewell tours once again incorporating fun action packed on-site activities with matches. We also have two new exciting programmes below:

Match Weekend Experiences:
Teams can watch a live match at either Newcastle United or Sunderland A.F.C, plus, have a taste of what it’s like to play for a professional club with a behind-the-scenes tour and training by club coaches. Available at our Dukeshouse Wood centre only.

Residential Football Training Camps:
Teams receive expert tuition by Newcastle United coaches, and go on a behind-the-scenes tour to see what goes on at a professional club. Accompanying coaches will also receive coach education and CPD opportunities. Available at our Dukeshouse Wood centres.

*See pages 33 and 34, to see what’s available and where. All of our sea-based watersport sessions are carried out by International Surfing Association (ISA) and British Canoe Union (BCU) qualified instructors.
Adventure Choice

With action, energy and challenges at every turn, our pure adventure programme encourages team building and physical exercise. From high ropes to canoeing, this programme offers a wide range of exhilarating activities. You can build your Adventure Choice programme from our range of physically and mentally challenging activities, which are then combined with your selection of learning outcomes for maximum benefit.

email groups@inspiring-learning.com or visit kingswood.co.uk
Our activities
From raft building and canoeing to abseiling and archery, our adventure activities are at the heart of what we do. All of our activity sessions inspire people to push boundaries, challenge themselves and learn something new; and these sessions, coupled with your chosen learning outcomes will form your unique Kingswood programme. There are over 60 to choose from, and all of our activities will be tailored to suit the age of your group and your objectives. We’re always adding new and exhilarating activities to our centres, so for an up to date list and more information, please visit kingswood.co.uk

### Our activities

**Challenge**

- Crate stack
- Laser
- Low ropes
- Nightline
- Obstacle challenge
- Problem solving
- Team tech

### Get creative

- Animation
- Drama
- Drum beat
- Environmental art
- Games creation
- Mask making
- Music
- Photo to video

Inspired? Call us today on 0800 288 9990
Our activities

In the air
- 3G swing
- Abseiling
- Balance beam
- Climbing
- High all aboard
- High equilibrium
- Jacob's ladder
- Jungle vines
- Leap of faith
- Powerfan
- Zipwire

On the water
- Beach swimming
- Body boarding
- Canoeing
- Kayaking
- Pool session
- Raft building
- Stand up paddle boarding
- Surfing NEW!
Go explore

- Bushcraft
- Caving
- CSI Kingswood
- Explore rocky shore

Get active

- Aeroball
- Archery
- Bouldering
- Fencing
- Go karts
- Quad biking
- Team games

Explore rocky shore

Explore coasts

Explore rivers

Explore woods

Nature walk

Off-site explorer

Orienteering

Pond dipping

Campfire

Disco

Hot spots

Mini Olympics

Movie night

Night walk

Quiz

Scrapheap challenge

Trail of mystery

Themed weekends

The perfect end to an action packed day, our evening activities include:

- Campfire
- Disco
- Hot spots

- Mini Olympics
- Movie night
- Night walk

- Quiz
- Scrapheap challenge
- Trail of mystery

We also run lots of themed weekends during the winter and in the run up to New Year from Halloween fun to the festive celebrations. Ask us how we can tailor your programme to make the most of our seasonal adventures.

email groups@inspiring-learning.com or visit kingswood.co.uk
## What we do and where

### Special interest

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**What we do and where**

- **Special interest**
  - [Young Explorers](#)
  - [Life Skills](#)
  - [Transition](#)
  - [Realise Your Potential](#)
  - [Bear Grylls Survival Academy](#)
  - [Bushcraft](#)
  - [Watersports](#)
  - [Arts and culture](#)
  - [Computing](#)
  - [Sports](#)
  - [Adventure Choice](#)
  - [French Discovery](#)

- **Activity sessions**
  - [Crate stack](#)
  - [Laser](#)
  - [Low ropes](#)
  - [Nightline](#)
  - [Obstacle challenge](#)
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  - [Photo to video](#)
  - [Bushcraft](#)
  - [Caving](#)
  - [CSI Kingswood](#)
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Open days

See it for yourself! Join us for a free open day and enjoy a taste of the Kingswood experience before you commit to a booking. You’ll have the chance to meet the team, sample the food – and maybe even try an activity or two! You can check all of our open day dates at kingswood.co.uk, but if you can’t make any of our dates, please get in touch and we’ll be delighted to arrange an alternative.

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Find out more about Kingswood experiences for groups by calling us on 0800 288 9990 or email groups@inspiring-learning.com. We can help you find the right centre, course and date to meet your objectives and suit your budget, and help you plan the perfect trip for your group.

When you’re ready to book, we will guide you through our hassle free booking process and assist you every step of the way ensuring your trip is stress free. To secure your booking, we request a small deposit making it easy to manage your group’s finances. We can also provide resources to help you advertise and plan your visit, as well as send you our easy to use fundraising pack. Through our sister company, Britannia Coach Services, we can arrange competitively priced, high quality transport for your group, so all there is for you to do is relax and enjoy the adventure. Or, for more information about our centres and activities, plus site maps and photos, visit kingswood.co.uk.

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